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BOROUGH OF CARDIGAN

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1958

MEDICAL OFFICER OF HEALTH.

Dulyn Thomas, M.B., Ch.B., D.P.H.

BOROUGH SURVEYOR AND PUBLIC HEALTH INSPECTOR.

R. D. Morris, A.R.S.I., M.S.I.A.

BOROUGH OF CARDIGAN

Mayors

1957/58
Councillor Arthur Thomas J.P.

1958/59
Councillor Cyril Lloyd J.P.

Committees dealing with Public Health matters.

(a) Public Health Committee - 16 members

Chairman

1957/58
Alderman R.Ll. Peregrine

1958/59
Aldorman Aneurin James

(b) Housing Committee - 16 members

Chairman

1957/58
Councillor J. T. Davies

1958/59
Councillor D. Ll. Llewellyn

(c) Plan Committee - 16 members

Chairman

1957/58
Councillor Mrs. E.A.Ll. Phillips

1958/59
Councillor I.J.C. Radley

Council Offices,
Guildhall,
Cardigan.

Tel: Cardigan 2641

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To the Mayor, the Chairman of the Health Committee,
Aldermen and Members of the Borough Council.

PREFACE

I have pleasure in presenting the Annual Report of the Health Department for the year ended 31st December, 1958.

The number of registered live births was fifty three a decrease of sixteen on the figure for 1957. There were two registered stillbirths and one infant died under the age of four weeks. No mother died as a result of childbirth.

The number of registered deaths was sixty, seventeen more than in the previous year. Twenty three persons died from heart disease, fifteen from vascular lesions of the nervous system (stroke) and seven from cancer.

This year we have incorporated in the Annual Report the comparative vital statistical figures (where applicable) for Cardiganshire and also for England and Wales.

Not a single case of infectious disease was notified during the year. Only two cases of Pulmonary Tuberculosis notified and there were no deaths from this disease.

No new Council houses were built during the year owing to curtailment on capital expenditure. There are still a number of houses in the Borough which are unfit for human habitation and it is re-assuring to know that the Council is moving ahead with plans for a comprehensive building scheme during the coming year. I am very pleased that Albro Castle, St. Dogmael's was vacated during the year.

A more detailed account of the work of the Department will be found in the ensuing pages, which include a Section prepared by the Public Health Inspector. I note with dismay that, in spite of a regular service of refuse collection, householders still persist in depositing refuse on open sites and also in rivers and streams. Apart from being most undesirable from an aesthetic point of view this practice also constitutes a danger to health.

SUMMARY OF GENERAL STATISTICS

Area (in acres)	4928
Population (Census 1951)	3497
Population (Registrar General's Mid-Year 1958)	3580
Rateable Value at 1st April, 1958	£41445
Rateable Value at 1st April, 1959	£43400
Sum represented by a penny rate 1958/59	£163
Estimated sum to be obtained by a penny rate 1959/60	£172

SUMMARY OF VITAL STATISTICS

		Total	Male	Fema
Number of registered live births	Leg:	50	24	26
	Illeg:	3	1	2
Number of registered still births	Leg:	2	1	1
	Illeg:	-	-	-
Number of deaths of infants under 1 year	Leg:	1	-	1
	Illeg:	-	-	-
Number of deaths of infants under 4 weeks	Leg:	1	-	1
	Illeg:	-	-	-
Number of deaths of women ascribed to childbirth		-	-	-
Number of registered deaths		60	28	32
Area comparability factor for births		1.00		
Area comparability factor for deaths		0.95		

Vital Statistics for the Area
with comparative figures for Cardiganshire and England and Wales where applicable.

	Cardigan Borough	Cardiganshire	England and Wales
No. of live births - male	25	331	-
No. of live births - female	28	352	-
Total number of live births	53	683	738323
Live birth rate per 1000 population	14.8	12.9	16.4
No. of still-births	2	12	-
Still-birth rate per 1000 live and still births	36.5	17.3	21.6
Infant deaths (under 1 year)	1	16	-
Infant mortality rate per 1000 live births - total	18.9	23.24	22.5
Infant mortality rate per 1000 live births - legitimate	20.0	21.5	-
Infant mortality rate per 1000 live births - illegitimate	0	62.5	-
Neo-natal mortality rate per 1000 live births - (first four weeks)	18.9	19.0	34.9
Illegitimate live births per cent of total live births	5.7	4.7	-
Maternal deaths including abortion	0	1	-
Maternal mortality rate per 1000 live and still births	0	1.4	-
Total number of deaths	60	867	526729
Death rate per 1000 population	16.7	16.4	11.7

Area comparability factor for births 1.00

Area comparability factor for deaths 0.95

CAUSES OF DEATH

Registrar General's Code Number	Causes of Death	Number of deaths Male	Female	Total
1	Tuberculosis, respiratory	-	-	-
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	-	-	-
10	Malignant neoplasm, stomach	1	2	3
11	Malignant neoplasm lung, bronchus	1	-	1
12	Malignant neoplasm, breast	-	-	-
13	Malignant neoplasm, uterus	-	-	-
14	Other malignant & lymphatic neoplasms	1	2	3
15	Leukaemia, aleukaemia	-	-	-
16	Diabetes	1	-	1
17	Vascular lesions of nervous system	5	10	15
18	Coronary disease, angina	8	2	10
19	Hypertension with heart disease	-	-	-
20	Other heart disease	6	7	13
21	Other circulatory disease	-	-	-
22	Influenza	3	2	5
23	Pneumonia	1	1	2
24	Bronchitis	-	1	1
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	-	-	-
27	Gastritis, enteritis and diarrhoea	-	-	-
28	Nephritis and nephrosis	-	-	-
29	Hyperplasia of prostate	-	-	-
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	1	3	4
33	Motor vehicle accidents	-	-	-
34	All other accidents	-	1	1
35	Suicide	-	1	1
36	Homicide and operations of war	-	-	-
	Total	28	32	60

INFECTIOUS DISEASES

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Cholera	-
Diphtheria	-
Dysentery (amoebic and bacillary)	-
Encephalitis	-
Erysipelas	-
Food poisoning	-
Malaria	-
Measles	-
Meningococcal meningitis	-
Ophthalmia neonatorum	-
Paratyphoid fever	-
Plague	-
Pneumonia (acute primary and acute influenzal)...	-
Poliomyelitis	-
Puerperal Pyrexia	-
Relapsing fever	-
Scarlet fever	-
Smallpox	-
Typhoid fever	-
Typhus fever	-
Whooping cough	-

TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
0 - 1	-	-	-	-
1 - 2	-	-	-	-
2 - 4	-	-	-	-
5 - 9	-	-	-	-
10 - 14	-	-	-	-
15 - 19	-	-	-	-
20 - 24	-	-	-	-
25 - 34	1	-	-	-
35 - 44	-	-	-	-
45 - 54	-	-	-	-
55 - 64	1	-	-	-
65 - 74	-	-	-	-
75+	-	-	-	-
Totals:-	2	-	-	-

General Provision of Health Services in the Area.

These are essentially the same as in 1957. The details are as follows:-

(a) No ante-natal or post-natal clinic is hel in the area. Expectant and nursing mothers receive medical advice from their own doctors.

(b) An infant welfare clinic is held fortnightly at the C. P. School.

(c) The domiciliary midwifery service is carried out by the district nurses who are also State Registered Nurses.

(d) A health visitor is stationed in the town.

(e) Home nursing is in the hands of the two district nurses resident in the borough.

(f) Vaccination is carried out by the person's own medical attendant but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.

(g) Arrangements for the prevention of illness consist of periodic talks and advice given by the staff of the local health authority. Care and after-care is in the hands of the health visitor and the district nurse. Tuberculosis cases are also followed up by the Chest Physician's health visitor.

(h) Domestic help is provided by suitable persons engaged locally.

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948.

No action was required to be taken under the above enactment during the year.

INTERNATIONAL HEALTH

In accordance with the International Sanitary Regulations, (World Health Regulations No.2) to which Great Britain is a signatory power, a number of international vaccination certificates of persons residing in Cardigan and proceeding to certain overseas destinations were authenticated in the prescribed manner.

DULYN THOMAS

MEDICAL OFFICER OF HEALTH

Cardiganshire Joint District Council,
Swyddfa'r Sir,
Aberystwyth.

June, 1959.

ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR

Borough of Cardigan

Sanitary Circumstances of the Borough

(1) Water.

The Borough is supplied by the South Cardiganshire Water Board. No extensions of piped supplies were carried out by the Board during the year.

(2) Drainage and Sewerage

The existing sewers were efficiently maintained and a number of improvements were carried out.

(3) Pollution of Rivers, etc.

Cleaning of the Mwldan and Cwmdegwol brooks was carried out during the year and it was not found necessary to take formal action with regard to the pollution of rivers or streams in the area. There are no offensive trades in existence within the Borough.

(4) Closet Accommodation

A number of dwellings were provided with water closets during the year. In cases where a public sewer was not available - disposal was to septic tank.

A number of dwellings were also provided with bathrooms and facilities for the disposal of waste water - the work in most instances being grant aided under the Housing Act, 1949.

(5) Public Cleansing

The service is covered by direct labour over the whole of the Borough and mechanical transport is used. Collection is made twice weekly in all the built up areas and once a fortnight in the outlying areas. This arrangement is satisfactory and the work well organised. Despite regular collection, however, persons persist in depositing refuse on the sides of streets and open spaces.

All the highways receive weekly cleansing, a contribution towards the cost being made by the County Council in respect of main roads.

During the year, the Council's dumping site at Cwmprice, Verwig was brought into use. Controlled dumping is carried out - by cut and fill method. The site lies outside the built-up area, and the use of a refuse trailer offsets the extra length of haul to tip.

The site of the previous refuse tip at the rear of the slaughterhouse has been sealed and final reclaiming of the site of the old clay pits is being carried out by disposing non-putrescible material, such as builders waste, etc.

HOUSING

(6) Housing

Little progress was made in the field of Housing in 1958, which followed a general slowing down in the programme of Council house building. A number of tenants from unfit houses were, however, rehoused as housing became available.

The Council resolved to proceed with the erection of a further 38 houses on the Maesglas Housing Estate, together with 10 Old People's Dwellings at Newtown. A number of these dwellings will rehouse families in unfit houses which will then enable the Council to proceed with its slum clearance programme.

New dwellings completed during the year totalled 4 - all of which were completed by private owners.

(7) Housing Act, 1949 - (Improvement Grants)

Under the Housing Act, 1959, the Council has a discretionary power to give grants up to maximum of £400. or half the cost of approved work towards the cost of 'improving' dwellinghouses.

Applications were approved in 1958 in respect of twelve dwellings and the grants awarded totalled £3,951 which represented an average grant of £329. per dwelling. All the applications were from owner/occupiers.

INSPECTION AND SUPERVISION OF FOOD

(8) Food and Drugs Act, 1955 - Food Hygiene Regulations, 1955.

Routine visits were carried out during the year to catering premises, bakehouses, and food premises under the Food Hygiene Regulations, 1955.

Preliminary notices issued during the year under the Regulations were as follows:-

Protection of food from contamination	3
Personal cleanliness (including smoking offences)	1
Carrying and wrapping of open food	2
Sanitary accommodation	2
Provide washhand basins	2
Provide facilities for washing food equipment	3
Cleanse and repair food rooms	3
Provide first aid materials	3
Total	19

The following details are extracted from the Register of Food Premises:-

	No. in Borough
Bakehouses	4
Butchers	7
Fishmongers	2
Cafes	5
Factory Canteens	1
Fried fish shops	3
Grocers	32
Greengrocers	6
Hotels	5
Icecream dealers	10
Icecreammanufacturers	2
Public Houses	13
School canteens and kitchens	4
Snack bars/Mobile canteens	2
	96

The number of visits to food premises was 94.

(9) Milk &Dairies Regulations 1949 - 1954.

The number of dairies registered in the area is 7. The Milk (Special Designations) (Specified Areas) (No. 2) Order 1958 came into operation on 1st October, 1958. By this Order no raw ungraded milk could be retailed in the Borough after the 1st October, 1958.

(10) Schools

The sanitary accommodation and water supply for the schools are satisfactory.

(11) Petroleum (Consolidation) Act, 1928.

The Department is responsible for the licensing and supervision of petroleum storage installations. Under the above Act, no person may store petroleum spirit in excess of the quantity prescribed unless a licence has been granted by the Borough Council.

In 1958, 20 such licences were issued in respect of which fees amounting to £13. 0. 0. were collected.

(12) Camping Sites

No licences for Moveable Dwellings under Section 269 of the Public Health Act, 1936, were issued during the year. There are two established caravan sites in the Borough situated at:-

Hospital, Pontycleifion, Cardigan.
Llyn-y-felin, Gwbert Road, Cardigan.

(13) Mortuary Facilities

The Council own a single storey one roomed mortuary at the Cemetery. The Building is equipped with a cold water supply and lighting is by Calor gas.

(14) Disinfection

Disinfection of dwellings following infectious disease was carried out in 14 dwellings.

(15) Disinfestation

Disinfestation was carried out in 21 premises during the year for the eradication of bugs, cockroaches and ants.

(16) Prevention of Damage by Pest Act, 1949.

The Council have in their employ a part-time Rodent Operator. Sewer treatment involving baiting of approximately 79 manholes, is carried out twice a year - the sewers remain almost free of infestation.

The following table shows the work carried out:-

	Type of Property				
	Non Agricultural				
	(1) Local Authority	(2) Dwelling Houses (inc. Council Houses)	(3) All other (including Business Premises)	(4) Total of Cols. (1) (2) & (3)	(5) Agri-cultural
1. Number of properties in Local Authorities District	3	1252	205	1460	76
2. Number of properties inspected as a result of: (a) Notification	-	19	2	21	-
(b) Survey under the Act	3	28	5	36	-
(c) Otherwise (e.g. when visited primarily for some other purpose	-	14	9	23	7
3. Total inspections carried out - including re-inspections.	13	52	-	65	-
4. Number of properties inspected (in Sect. 11) which were found to be infested by:					
(a) Rats Major	-	-	-	-	-
Minor	1	12	-	13	-
(b) Mice Major	-	-	-	-	-
Minor	-	20	-	20	-
5. Number of infested properties (in Sect IV treated by the L.A.	1	32	-	33	-
6. Total treatments carried out including re-treatments	27	-	-	27	-

(17) SLAUGHTERHOUSE

The number of visits to carry out meat inspection during the year was 301.

The graph shows the number of anumals killed during each of the last three years.

Meat Inspection

The animals slaughtered at the Slaughterhouse during the year were as follows

Cardigan Slaughterhouse	Cattle	Calves	Sheep & Lambs	Pigs	Total
No. of animals killed	859	1	4179	720	5759

Total weight of meat condemned 284 lbs.

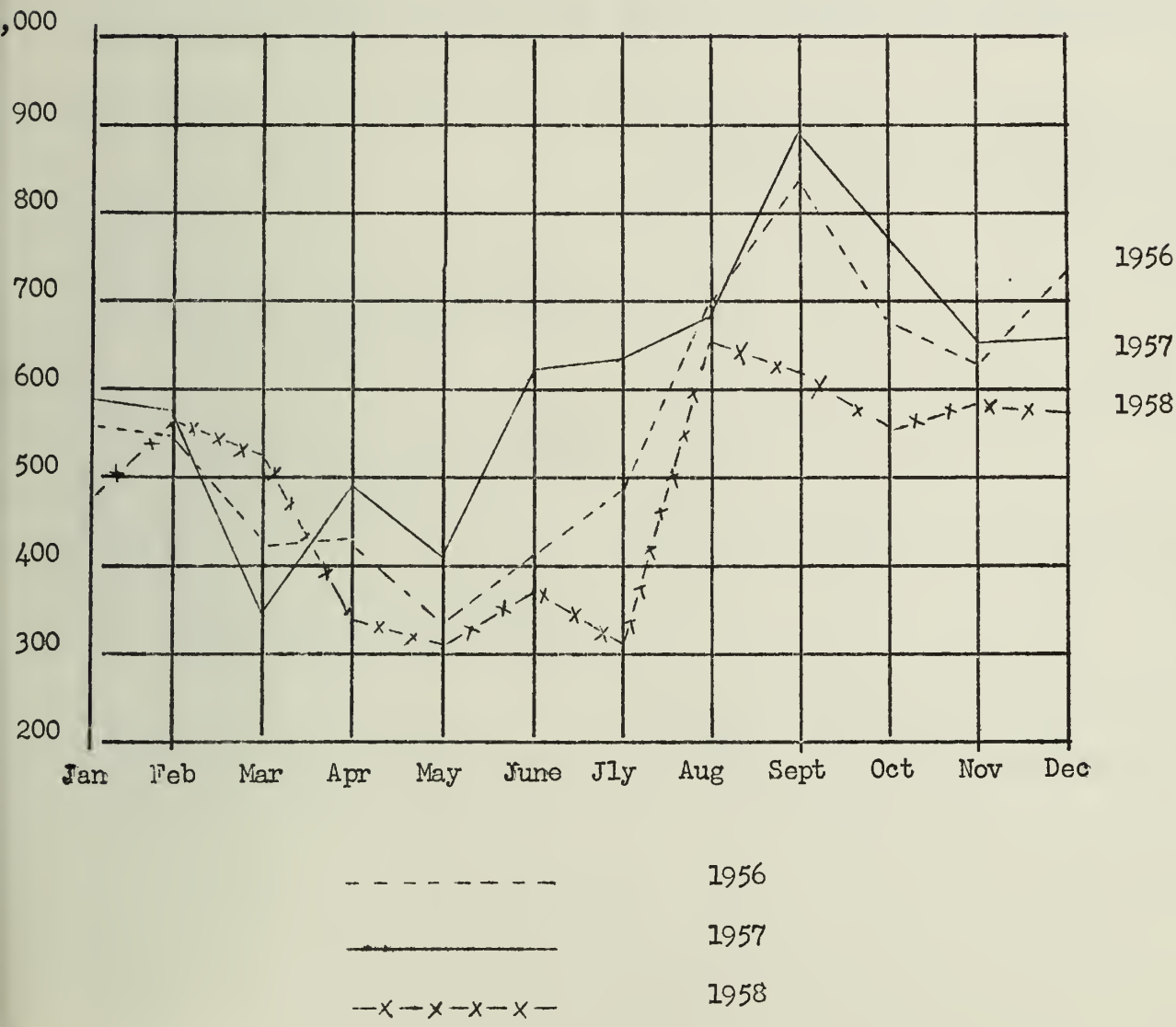
(18) Food Inspection

The following quantities and types of foodstuffs were surrendered as being unfit for human consumption:-

	Tins
Canned Fruit	40
Canned Vegetables	67
Tomato and Orange Juice	4
Canned Milk	4
	115
	lbs
Canned Meat and Meat products	291
Cheese	40
	331

TOTAL KILLINGS

1951	..	..	7,461
1952	..	..	8,072
1953	..	..	8,483
1954	..	..	9,230
1955	..	..	6,310
1956	..	..	5,603
1957	..	..	5,900
1958	..	..	5,759



FACTORIES & WORKSHOPS

(19)

Factories Acts, 1937 & 1948.

The following return has been made to the Ministry of Labour and National Service in accordance with Section 128 (3) of the Factories Act, 1937.

Premises	Number on Register	Number of		
		Inspection	Written Notices	Occupiers prosecuted
(1) Factories in which Sections 1,2,3,4, and 6 are to be enforced by Local Authorities	3	4	1	Nil
(2) Factories not included in (1) in which Section 7 is enforced by the Local Authority.	21	17	4	Nil
(3) Other premises in which Section 7 is enforced by the Local Authority (excluding out workers' premises)	-	-	-	Nil
TOTAL	24	21	5	Nil

Defects

Particulars	Number of cases in which defects were found				
	Found	Remedied	Referred		Number of cases in which prosecutions were instituted
			To H.M. Inspector	By H.M. Inspector	
Want of cleanliness (S.1.)	5	5	NIL	NIL	NIL
Overcrowding (S.2.)	NIL	NIL	NIL	NIL	NIL
Unreasonable temperature (S.3.)	NIL	NIL	NIL	NIL	NIL
Inadequate ventilation (S.4.)	3	2	NIL	NIL	NIL
Ineffective drainage of floors (S.6.)	2	2	NIL	NIL	NIL
Sanitary Conveniences (S.7.)					
(a) Insufficient	6	6	NIL	NIL	NIL
(b) Unsuitable or defective	NIL	NIL	NIL	NIL	NIL
(c) Not separate for sexes	1	1	NIL	NIL	NIL
Other offences againt the Act (not including offences relating to Outwork)	NIL	NIL	NIL	NIL	NIL
TOTAL	17	16	NIL	NIL	NIL

OUTWORK

There are no outworkers in the Borough.

The 27 premises on the Register of Factories on the 31st December, 1958 were as follows:-

	Non Mechanical Power	Mechanical Power
Motor Vehiclo Repairs		9
Sawmills		2
Bakery		4
Gas works		1
Letter press printing		2
Furniture repairs	1	
Photography	1	
Joinery		1
Monumental Mason		2
Cabinet making		1
Boot repairing		2
Blacksmith		1
Banana ripening	1	
	3	24

(20)

PUBLIC HEALTH

Inspection and Visits

The total number of inspections and visits on various public health matters during 1958 was 712. Details are as follows:-

a) Housing Act, 1936

Inspection of dwellings	89
" " Overcrowding	7
" " housing applicants	16

b) Public Health Act, 1936

Inspection of dwellings	32
" " moveable dwellings	5
" " water supply	3
" " drainage work	29
" " defective cesspools	2
" " ditches and watercourses	4
Visits and Enquiries re Infectious illness	17
Number of rooms disinfected	14
Visits re Pests (Flies and Beetles)	19

c) Food and Drugs Act, 1955

Inspections of Bakehouses	9
" " Butchers' shops	3
" " Cafes and Restaurants	6
" " Dairies and Milkshops	7
" " Fishmongers	3
" " Ice Cream Dealers	5
" " Licensed Premises	22
" " Other Food Premises	12
Visits to Slaughterhouse	301
" " inspect unsound food	27

d) Factories Act, 1937

Inspections of factories with power	17

e) Petroleum (Consolidation) Act, 1928

Inspection of Petroleum Installations	19

f) Other Visits not classified	44
	712

Inspection of Dwelling Houses During the Year

(a) The total number of dwelling houses inspected for housing defects (under Public Health or Housing Acts)	121
(b) The number of inspections made for the purpose	144
(c) Number of dwelling houses found not to be in all respects reasonable fit for human habitation	4

Housing Consolidated Regulations, 1925

(a) The number of houses which on inspection were considered to be unfit for human habitation.	4
(b) The number of houses the defects in which were remedied in consequence of informal action by the Local Authority or their Officers.	12
(c) The number of representations made to the Local Authority with a view to (1) the serving of notices requiring the execution of works. (11) the making of demolition or closing orders.	NIL NIL
(d) The number of notices served requiring the execution of works	19
(e) The number of houses which were rendered fit after service of formal notices.	NIL
(f) The number of demolition or closing orders made.	NIL
(g) The number of houses demolished	NIL

R.D. MORRIS, M. Inst.,B.E.,M.R.S.H.,M.A.P.H.I.
Borough Surveyor and Public Health Inspector.

Borough Surveyor's Office,
Guildhall,
Cardigan.